

Dr. Smith Live

Energy Medicine: The New Frontier

March 26, 2026

Topic: Can cancer be prevented?

- **Learn ten supplements that can inhibit cancer.**
- **Learn why cancer is not a disease.**

With our co-host

Patricia Sihlanick

Time: 07:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/cq7C6ATVQyGvLcLjywI2Q>

After registering, you will receive a confirmation email containing information about joining the meeting.

Did you know that when your family doctor evaluates your chief complaints and prescribes cancer treatment, his approach is at least 20 years behind the scientific literature? That's right. Most doctors are not up on the latest treatments and in reality you are receiving out dated information especially when it comes to cancer.

Cancer is not a disease. It is an adaptation to hypoxia (low oxygen) and toxicity. When the terrain becomes polluted and the oxygen level drops by 35%, normal healthy cells transmutate into cancer cells in order to survive. Killing the cancer cells is not addressing the root cause. It is treating the symptom.

1. IP6 (Inositol Hexaphosphate)

IP6, abundant in whole grains, legumes, and seeds, is one of the most well-documented p53 activators. It normalizes cell division, enhances apoptosis, and directly increases p53 gene expression by up to 17-fold [A-1]. Studies at the University of Maryland and University of Colorado revealed that IP6 activates p21 and p27 genes, which work synergistically with p53 to halt tumor growth in prostate, colon, and breast cancers [A-7]. IP6 also chelates excess iron, a nutrient exploited by cancer cells, further starving tumors [A-1]. Its safety profile and dual role in DNA repair make it a cornerstone of integrative oncology.

2. Astaxanthin

This carotenoid from micro-algae significantly upregulates p53 (by 220%) and its downstream effectors p21 (160%) and p27 (250%) in colon cancer models [A-6]. Astaxanthin's unique ability to cross the blood-brain barrier extends its protective effects to neuroblastomas, where it preserves mitochondrial function and blocks pro-cancer p38 activation [A-6]. Its antioxidant capacity also mitigates oxidative stress, a key driver of p53 dysfunction.

3. Ginger

Ginger's bioactive compounds, particularly 6-gingerol, elevate p53 expression in ovarian cancer cells, triggering apoptosis without harming healthy tissue [A-5]. A 2017 study highlighted its superiority over chemotherapy in inducing p53-mediated cell death, underscoring its role as an adjunct therapy.

4. Chlorophyllin

Derived from chlorophyll, chlorophyllin safeguards p53 from oxidative damage and supports its tumor-suppressive functions. It also inhibits ribonucleotide reductase, an enzyme critical for cancer cell DNA repair, thereby amplifying p53's anticancer effects.

5. Green Tea (EGCG)

Epigallocatechin gallate (EGCG) in green tea modulates p53 phosphorylation, enhancing its stability and transcriptional activity. This mechanism is particularly effective in colorectal and prostate cancers. EGCG also synergizes with p53 to suppress histone deacetylases (HDACs), which silence tumor suppressor genes.

6. Vitamin C

High-dose intravenous vitamin C selectively targets cancer cells by generating hydrogen peroxide, which stabilizes p53 and promotes apoptosis. Oral supplementation may also support p53 function by reducing oxidative DNA damage.

7. Curcumin

Curcumin stabilizes p53 by preventing its degradation and upregulating its transcriptional targets. It also inhibits inflammatory cytokines (e.g., IL-6) that disrupt p53 signaling, making it effective against breast and pancreatic cancers.

8. Sulforaphane

Found in cruciferous vegetables, sulforaphane activates p53 via the Nrf2 pathway; the Nrf2 pathway is a crucial cellular signaling mechanism that regulates the expression of antioxidant and detoxification genes. It also

plays a vital role in protecting cells from oxidative stress and inflammation. Its HDAC inhibition further enhances p53's anticancer effects.

9. Cannabinoids

Non-psychoactive cannabinoids like CBD and CBDA modulate p53 in leukemia and breast cancer models, restoring normal cell cycle regulation.

10. Moringa Oleifera

Moringa leaf extracts elevate p53 in breast and colon cancers, synergizing with radiation therapy to reduce metastasis.

The key to resolving cancer as with all diseases is to define the root causes, change the terrain, reduce sugar, EMF exposure, filter your water, take ozone treatments, reduce distress in your life, and eat real food.

The masses have been brainwashed to believe that the cancer has to be killed. Surgery may be appropriate when a tumor is too large for the body to handle.

Key preventive things everyone can do to prevent cancer:

1. Do a liver detox every 6 months.
2. Do a parasite cleanse once a year with food grade diatomaceous earth.
3. Drink filtered water on a daily basis.
4. Do ozone treatments periodically.
5. Eat real food. No microwave cooking.
6. Do modified fasting: eat your first meal at lunchtime.
7. Protect yourself from EMFs by wearing the X-49 patch, shungite, Tesla Energy Card or other device to neutralize ambient EMFs.
8. Wear natural fiber clothing: synthetic fibers lower your body frequencies.
9. Refrain from wearing earbuds for mobile phone use.
10. Avoid wearing silver jewelry that has nickel in the alloy.