

Dr. Smith Live

Energy Medicine: The New Frontier

November 20, 2025

Topic: Why 200,000 plus people a year are killed by modern medicine?

- **What is Neanderthal Medicine?**
- **What are examples of destructive treatment?**
- **Will the medical system ever change?**
- **12 Tips to stay out of the hospital?**

With Co-Host Patricia Sihlanick

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When: November 20, 2025 at 07:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

https://us06web.zoom.us/meeting/register/4ml5_ZU5RmmLdRbsTgCtHQ

After registering, you will receive a confirmation email containing information about joining the meeting.

Key Statistics & Estimates: Based on the article Death by Medicine by Gary Knoll - first published in 2003

1. More Recent Estimates (John T. James / Journal of Patient Safety):

- John T. James (via his Patient Safety America group) and others used the *Global Trigger Tool* and extrapolated to estimate **210,000–440,000** deaths annually from preventable harm in U.S. hospitals. [ProPublica+2Scientific American+2](#)
- According to this work, the higher end (440,000) would account for about **1 in 6 of all U.S. deaths**. [APRA+1](#)

5. Third-Leading Cause of Death Claim:

- Based on some of the higher estimates, several sources argue that medical error would rank as the **third-leading cause of death** in the U.S., behind heart disease and cancer. [ProPublica+2Iatrogenics+2](#)

Why 200,000 plus people a year are killed by modern medicine?

A. Adverse Drug Reactions (ADRs)

- Properly prescribed medications cause over **100,000 deaths per year**.
- Notes that drug interactions, polypharmacy, and off-label prescribing contribute to hospitalizations.

B. Medical Errors

Including:

- Misdiagnosis
- Surgical errors
- Laboratory errors
- Faulty procedures

The authors cite the Institute of Medicine estimate of **44,000–98,000 deaths** per year from medical errors, and argue the real number is higher.

C. Hospital-Acquired Infections

- Suggests **~88,000 deaths per year**.
- Attributes causes to poor hygiene, antibiotic resistance, and overcrowding.

D. Unnecessary Surgeries

- Cites estimates that tens of thousands of unnecessary surgeries occur annually.
- Claims up to **12,000 deaths** result from operations that did not need to occur.

E. Malnutrition in Hospitals

- Many hospitalized patients suffer malnutrition that worsens outcomes.
- Claims thousands of deaths result indirectly from nutritional neglect.

F. Other categories

- Medical device malfunctions
- Invasive procedures causing complications
- Incorrect use of antibiotics leading to resistant infections

4. Total Mortality Estimates

The authors attempt to sum all iatrogenic categories and conclude:

- The U.S. medical system may contribute to **upwards of 700,000 deaths per year**.
- They argue this would make medicine the *leading* cause of death—above heart disease and cancer.

They further claim:

- Over **8 million** patients suffer “serious adverse events” annually.
- Billions of dollars are wasted on ineffective or harmful interventions.

5. Critique of the Pharmaceutical and Medical Industries

The article takes a strong anti-pharmaceutical stance:

- Claims the FDA protects industry profits over patient safety.
- Accuses pharmaceutical companies of pushing dangerous drugs.
- Argues that many clinical trials hide negative results.

It also criticizes:

- Overprescription of antibiotics and painkillers
- Influence of industry on physician education
- Marketing-driven rather than evidence-driven care

6. Critique of Medical Education

The authors argue that:

- Doctors are trained to treat symptoms, not causes.

- Nutrition, lifestyle medicine, and preventive approaches are underemphasized.
- Students are excessively influenced by pharmaceutical companies.

7. Advocacy for Alternative Medicine

Although not the main point, the article strongly suggests:

- Holistic, nutritional, and non-pharmaceutical therapies are safer.
- Preventive and lifestyle interventions should be prioritized.
- Integrative medicine is suppressed by institutional biases and medical boards.

8. Conclusions

The authors claim:

- Modern medicine is causing a “hidden epidemic” of iatrogenic death.
- Systemic reform is urgently needed.
- Patients should be better informed and skeptical of routine interventions.
- A shift toward prevention and non-pharmaceutical approaches is necessary.

What is Neanderthal Medicine?

Neanderthal medicine includes:

- 1. Obsolete concepts**
 - a. Germ theory**
 - b. Body is deficient in drugs**
 - c. Treating to correct blood values instead of removing the causes**
Ex. Steroids to lower A1C levels caused by inflammation;
Metformin to control blood sugar.
 - d. Treatment focused on symptoms only.**

2. Obsolete and Destructive Treatments

a. Cardiac Ablation

b. Widespread use of statin drugs: dementia, type II diabetes, breaks down skeletal muscles; damages kidney and liver

c. Un safe drugs:

Several well-known drugs have been withdrawn from the market due to serious toxicity concerns, including

(1) Thalidomide

(2) Vioxx (rofecoxib) : increase instance of heart attacks

(3) Zantac

d. Remdesivir (COVID Tx): destroys the kidneys

e. Aspirin to prevent heart attack

f. Tylenol: damages liver

g. Chemotherapy: 3% success rate

h. Radiation cancer Tx: Radiation therapy contributes to curing about 40% of all cancers worldwide, and over half of cancer patients receive it as part of their treatment plan. Success rates vary widely depending on cancer type, stage, and patient health.

3. Obsolete Diagnostic Technology: not defining the root cause of the problem. Just measures how the body is resting to the initiators.

4. Malnutrition: Processed foods being fed patients prevent healing.

Will the medical system ever change?

- Not in our lifetime. Controlled by big Pharma.
- Profit driven industry not designed to cure patients.

How to stay out of the hospital?

1. Routine exercise.
2. Drink filtered water.
3. Eat organic food when ever posable; energize cooked food.
4. Detox glyphosate with Isopathic Phenolic Rings.
5. Take antioxidant supplements regularly.
6. Maintain an alkaline pH (7.0 to 7.2).
7. Participate regularly in events that you enjoy.
8. Learn to say no to people.
9. Maintain dental health: AVOID ROOT CANALS!
10. Get periodic chiropractic and cranial adjustments.
11. Take Pure Synergy every day.
12. Detox your body twice a year.