

# **Dr. Smith Live**

## **Energy Medicine: The New Frontier**

### **July 24, 2025**

**Topics:** Comprehensive Guide to Healing

- What are the missing links in the diagnostic puzzle?
- Why patients linger in the healthcare system?
- What are the 47 factors not being evaluated in your medical examination?

**With Co-Host Patricia Sihlanick**

**Time: 07:00 PM Eastern Time (US and Canada)**

**Register in advance for this meeting:**

<https://us06web.zoom.us/join/SdBez4SuTVSCdQYCK0Fxrw>

**After registering, you will receive a confirmation email containing information about joining the meeting.**

## **Topic: Comprehensive Guide to Healing**

The following information is presented to provide a framework for resolving any health issue. The common theme is get back to basics. The symptoms the body presents is its reaction to hypoxia (low oxygen), toxicity, and structural and emotional imbalance. By evaluating the body globally, one gets a more accurate assessment of the root cause(s). Once the initiators are defined, the remedies must be determined.

### **Mental and Emotional State**

Key to resolving any malady is a positive mental and emotional state. The following issues must be addressed. Holding on to negative thoughts increases cortisol levels, which tears down the body:

- Letting go of past and present anger.
- Forgive those who have done you wrong. You must reestablish internal calm in order to reestablish homeostasis.
- You must engage in activities that give you pleasure. Reading good books, watching good movies, working in the garden, riding a bike, etc. Whatever makes you happy is what you need to bring into your life on a regular basis.
- You must disassociate yourself from negative people. Negativity suppresses the immune system and stimulates cortisol.
- Having a pet cat or dog has a positive affect on people's nervous system. The unconditional love an animal gives its owner dramatically reduces adrenal stimulation and helps maintain balance.
- Distress of not liking people's employment.
- Not having a purpose in life.

### **A Healthy Terrain is a Foundational Issue**

If the body's terrain is too acidic or toxic, no amount of supplements or psychological counseling or medical treatment will solve your health problems.

- Must check the body's pH: first morning oral pH provides intracellular pH. If your pH is below 7.2, your body is too acid. Low pH causes low oxygen levels, which in turn initiates fermentation like making beer or wine. When your oxygen level drops by 35%, the stage is set for cancer.
- Most people are deficient of organic, cold pressed omega 6 oils. Most oils in the market are adulterated, which forms plastic cell membranes, which prevents oxygen and nutrients from entering the cell and waste products from exiting.
- Must filter your water. If you do not filter your water, your organs will do it for you.
- When the organs get sluggish up, you get dysfunction then degeneration, then disease then death.
- Parasites are another basic issue. It has been estimated that 51% of the population has parasites. The toxins produced get absorbed from the intestines, circulate through out the body and cause cellular damage. One of the primary causes for being over wight is parasites. Bob Beck spent over ten thousand dollars on diets and other treatments to lose weight without any success. Once he resolved his parasite issue, he lost over 125 pounds. Parasites can also be the cause for allergies to food, pollen, dust, medications, restless leg syndrome, high platelet count, high blood pressure, kidney dysfunction, migraine headaches, acne, etc.

## **Dental Malocclusion**

Alfred C. Fonder wrote a book, The Dental Physician, which presented major medical health issues that were the direct result of crooked teeth and a poor bite. Malocclusions directly effected the overall health of individuals. His statistics of school aged children documented that the sickest children had the poorest dental alignment.

In addition to malocclusions, the dental complex provides a major source for toxic materials like mercury from metal fillings to leak out, residual infections in the jawbone from extracted teeth, gum infections, galvanic currents from dissimilar metals in the mouth to directly effect one's health.

These issues can be a contributor to digestion problems, intestinal dysbiosis, weight issues, kidney dysfunction and disease, and even heart disease .

Malocclusions also directly affect cranial bone alignment, spine and pelvic misalignment causing symptoms such as migraine headaches, atypical facial pain, trigeminal neuralgia, high blood pressure, neck and lower back pain, vertigo, fatigue, and much more. Because of a lack of knowledge, the dental complex is often overlooked as a contributor to most medical problems. In my clinical experience, 70% to 90% percent of all medical problems have a dental origin.

### **Decreased Body Frequency**

This is an area where most if not all healthcare practitioners overlook because they are not aware of its significance. Most Americans routinely drink coffee which has been documented by Bruce Tainio to lower one's frequencies. Other factors that lower body frequencies are, processed foods and drinks, synthetic vitamins, microwave and conventional cooking, laser scanners at the checkout counters at the super market, pesticides, herbicides, and insecticides, degassing from plastics, synthetic materials, glues, and paints in the house, LED lighting, wi-fi, EMFs, battery operated watches, smart phones, computers, EMFs from house and car electrical wiring, and the over 7500 satellites circling the globe.

The normal body frequency range is from 68 Hz to 78 Hz. When the above mentioned magnetic fields affect the body, the body's frequency begins to drop. When the range dips to 55 to 58 Hz., colds and flu appear; at 42 Hz cancer occurs, and death at 25 Hz.

### **Diet**

Eating real foods specially home grown vegetables will increase the body's frequencies. Also using essential oils (Idaho blue spruce and rose oil), meditation, taking supplements, prayer, exposure to sunlight and full spectrum light, listening to classical music, exercise, Lifewave energy patches, acupuncture, and exposure to scalar energy are some of the ways to increase your frequencies.

## **Cranial Balance**

The ancients knew that all diseases have their origin in the brain. Unfortunately, most dentists have no clue about the effect modification has on the cranial bone alignment. Any dental treatment that modifies the biting surfaces of the teeth have the potential of distorting cranial bone alignment. Other causes are falls, whiplash injuries, orthodontic braces including Invisalign, concussions, traumas to the head, rough chiropractic or osteopathic adjustments, tooth extraction, and yoga head poses. Distortions of the skull will have direct neurologic affects on the central and autonomic nervous systems plus stimulate adrenal function. In reality, the occlusion or bite is the self-correcting mechanism for balancing the cranium.

## **Not Defining the Root Cause(s)**

One of the primary components that are missing from conventional and alternative medicine is defining the actual cause for the dysfunction or disease. The reason for this is simple. The hijacked medical system was designed to treat symptoms and establish a cash cow for the pharmaceutical companies. Also the lack of energetic testing prevents uncovering the root cause of health issues.

It makes no difference if the patient has a weight problem, kidney disease, autoimmune problems or cancer, the underlying goal is to determine the root cause for the disease and remove the “splinters”. The following is a partial list of potential causative factors that must be tested:

- Heavy metals
- Glyphosate
- Viruses
- Bacteria
- Fungus
- Parasites
- Vaccines and their adjuvants
- EMFs: satellites, cell towers, TATRA emergency broadcast systems, radio & TV waves, high powered electric lines
- Hypoxia
- Food based vitamin deficiencies specially the B-complexes

- Mineral deficiencies
- Deficiency of Parent Essential Oil specially omega 6/3s
- Nutritionally deficient food
- Hypothyroidism
- Hypoadrenia
- Toxic organs
- Insecticides, pesticides, and herbicides
- Cavitations (jawbone infections)
- Root canal teeth & toxic dental materials
- Hormone imbalances
- Acid pH
- High fructose corn syrup
- Genetically modified foods
- Chemtrails
- Lack of Qi (Chi)
- Piercings specially with silver jewelry that has nickel as a hardening agent.
- Scar tissue
- Enzyme deficiencies
- Intestinal dysbiosis
- Tattoos
- Food preservatives and fortified foods with synthetic vitamins
- Smartphones and computers
- Fluoride, chlorine, and bromine
- Metal implants
- Radiation: fallout from nuclear tests and diagnostic testing
- Prescription drugs
- Toxic public water
- Polluted air
- LED lighting
- Man-made viruses and other bioweapons
- Synthetic clothing
- Make-up, sunscreen, shampoos, deodorants
- Over use of antibiotics in humans and animals
- DDT, other environmental chemicals like fertilizers
- Not taking an in-depth medical patient history
- Limited conventional diagnostic testing
- Mitochondrial pollution

The Comprehensive Guide to Healing presented was designed to open your eyes to a whole new horizon of information that is not common knowledge amongst the medical profession. An educated consumer is the best way to change a broken health care system.