

Dr. Smith **Live**

Energy Medicine: The New Frontier

March 27, 2025

Topic: Frequencies: The missing link in the healing equation

- **What role does vibrational frequencies play in the human body?**
- **Do our organs function at specific frequencies?**
- **What factors lower our vibrational frequencies?**
- **How “disease” really spreads?**
- **How to raise our frequency levels to avoid getting sick?**
- **Is my microwave oven killing me slowly?**

Vibrations and Health

Understanding Human Vibrations:

Everything in the universe vibrates at a signature frequency. Frequency allows energy to express itself into any form, including particles, atoms, planets, stars, galaxies and biological life. In 1992, a researcher by the name of Bruce Tainio invented a frequency monitor device that literally measured the frequencies of the human body and its organs. He discovered that a healthy human body vibrated between 62 and 72 MHz. He also discovered that when the body’s frequency dropped into the 55 to 52 MHz range, the body’s immune system became compromised and illness occurred. In reality, measuring the frequency range is more accurate in assessing one’s state of health than blood tests.

Basic Principles of Vibration

Vibrational frequency refers to the number of oscillations that occur within a certain timeframe, typically measured in Hertz (Hz), which signifies cycles per second. As an example, a frequency of 100 Hz means that there are 100 oscillations occurring per second.

The Impact of Intrinsic Vibrational Frequencies

Human emotions can influence vibrational patterns. Meditation and deep relaxation techniques can elevate one's vibrational state. Higher frequencies correlate with heightened consciousness, creativity, and connectedness to the universe.

Environmental Frequencies

Our surroundings, including nature and built environments, play a significant role in our vibrational state. Natural frequencies often resonate at harmonizing levels that can be beneficial for health and wellness. In contrast, urban settings filled with pollutants and noise can induce stress and lower vibrational frequencies.

Technological Influences

Technology emits various frequencies that can disrupt the human vibrational field. Common sources include:

- **Electromagnetic Fields (EMFs):** Devices like cell phones, Wi-Fi routers, computers, hair driers, electric blankets and other electronic devices produce EMFs and systemic inflammation that can interfere with human energy fields, potentially leading to fatigue, anxiety, and dysfunction.
- **Artificial Lighting:** The blue light emitted by computer screens can affect sleep cycles by decreasing your production of melatonin and, consequently, the body's natural rhythms.

Normal Organ Frequency Ranges

| | |
|--------------------------------|-----------|
| Genius Brain Frequency | 80-82 MHz |
| Brain Frequency Range | 72-90 MHz |
| Normal Brain Frequency | 72 MHz |
| Human Body | 62-78 MHz |
| Human Body: from Neck up | 72-78 MHz |
| Human Body: from Neck down | 60-68 MHz |
| Thyroid and Parathyroid glands | 62-68 MHz |
| Thymus Gland | 65-68 MHz |
| Heart | 67-70 MHz |
| Lungs | 58-65 MHz |
| Liver | 55-60 MHz |
| Pancreas | 60-80 MHz |

The Connection Between Human Vibration and Health

Understanding the frequency at which humans vibrate is essential for grasping the connections between vibration, health, and overall well-being.

Physical Health and Frequency

Research suggests that maintaining a higher frequency can enhance our immune system, reduce inflammation, and promote healing. For instance, individuals who engage in regular physical activity or have a healthy diet tend to vibrate at higher frequencies due to the increased flow of energy.

Frequency Ranges for Diseases

| Disease | |
|-------------------------------|-----------|
| Colds and Flu start at: | 57-60 MHz |
| Disease starts at: | 58 MHz |
| Candida overgrowth starts at: | 55 MHz |
| Receptive to Epstein Barr at: | 52 MHz |
| Receptive to Cancer at: | 42 MHz |
| Death begins at: | 25 MHz |

Frequencies and the Spread of Diseases

In the 1970s, a Russian researcher, Vlail Kaznacheyev did 20,000 meticulous experiments in which he placed two glass flasks next to each other with quartz windows in each. One flask had healthy cells while the biophotons (energy packets that had frequencies) which caused the healthy cells to turn sick because they started to vibrate at the same frequency as the sick cells. This same principle applies to humans. One does not have to have direct contact with the actual pathogen to get ill. A toxic substance like mercury for example gives off between 13 and 21 different frequencies that disrupt the physiology of a cell. Being exposed to toxic frequencies (EMFs) from cell phones has been well documented in the 1970s by the World Health Organization and the US Defense Intelligence Agency to cause cancer. Both organizations have suppressed this information from the public and deny their existence.

Why People Get Sick?

The primary reason why people get sick is simple. Their vibrational frequency becomes lowered. What causes their vibrational frequency to become lower? There are many variables.

1. **Eating dead and devitalized food:** Eating processed, chemicalized food that may have been heated in a microwave oven destroys the vibrational frequencies of the food.
2. **Daily Use of a Smartphone:** Being bombarded with EMFs from a cellphone or cell tower or sitting in front of a computer for hours exposes you to a constant source of blue light and EMFs.
3. **Working under LED lights all day long:** LED lights give off EMFs.
4. **Living in a condo or apartment:** Constant exposure from neighbor's wi-fi (EMFs), rebar or reinforced concrete creates a magnet field.
5. **Listening to mainstream TV:** Exposure to negative information.
6. **Listening to rap, heavy metal, hip-hop, pop and electronic music:** Mainstream music is tuned to 440 Hz, which agitates the nervous system.
7. **Exposure to the more than 7500 satellites circling the globe.**

8. **Taking prescription medications.** Will lower your frequencies.
9. **Worrying.** Will suppress your immune system by lowering your frequencies.

The above examples are just a sampling of variables that will lower your body's frequencies. The answer to staying healthy is to eliminate as much as possible the above mentioned items, eat organic fresh foods whenever possible, wear shungite, wear the X-49 patch from Lifewave, wear a Tesla Energy Card®, and take anti-oxidant and anti-inflammatory supplements, and obtain scalar energy treatments periodically.

Whole Body Tune-Up card available at:
www.TeslaEnergy-Tec.com