

Dr. Smith **Live**

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Energy Medicine: The New Frontier

**Topic: Parkinson's, Alzheimers's, ALS, and
Dementia**

- What do these neurodegenerative diseases have in common?
- How can you prevent getting these diseases?
- What supplements/therapies are effective in supporting nerve function?
- Can Parkinson's, Alzheimer's, Dementia and pother neurodegenerative diseases be reversed?

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My book, *Remove the “Splinters” and Watch the Body Heal*, was written to open people’s eyes to the root causes of the “disease” process. The potential “splinters” are many: parasites in the brain and intestines; heavy metals in the brain and intestines; herbicides, pesticides, and insecticides in the brain and intestines; retroviruses in the brain and intestines; food and environmental chemicals in the brain and intestines; prescription drugs in the brain and intestines. Remember that the colon is connected directly to the brain via the vagus or 10th cranial nerve and the lymphatic system.

The immediate cause for the symptoms to appear is that neurons in the brain die off and there is a deficiency of dopamine, a neurotransmitter.

What do these neurodegenerative diseases have in common?

The one common factor in all these diseases is old age. Common sense states that the longer one lives the greater the exposure to toxins. Heavy metals especially mercury and aluminum are neurotoxic. Once inside the nerves, they travel along the nerve and destroy it. The other common heavy metals, lead, nickel, cadmium, and arsenic have the potential to short circuit the nerves. In addition, more than 92 million adults take statin drugs, which will shrink the brain setting the stage for degeneration.

In Alzheimer's and Parkinson's diseases, there is a hyperphosphorylation of tau that leads to the intracellular accumulation of tau in the form of neurofibrillary tangles.

Common drugs linked to increased risk of Alzheimer's

A new study suggests anticholinergic medications may increase the risk of accelerated cognitive decline, especially in older adults at high risk of developing Alzheimer's disease. Anticholinergic drugs block the action of acetylcholine, a chemical messenger that controls a range of automatic bodily functions like memory, attention, and involuntary muscle movement. Common medications with anticholinergic properties include Thorazine (tranquilizer), Tylenol PM, and Benadryl (antihistamine).

Researchers at the University of California, San Diego, have now established a link between anticholinergics and mild cognitive **impairment, which can lead to dementia, including Alzheimer's disease.**

My clinical experience has been that any medication has the potential for getting trapped within the nervous system. As an example, I had a patient who experienced internal trembling for a little over a year. It all started soon after taking one dose of the antibiotic, Levaquin. This medication is used to treat bronchitis, pneumonia, chlamydia, gonorrhea and skin infections.

How can you prevent getting these diseases?

- **Eliminate as many prescription medication** as possible and substitute natural remedies.
- Avoid eating MSG (Monosodium glutamate) laced foods: soy extract, protein isolate, hydrolyzed vegetable protein. Glutamate is a neurotransmitter and speeds up the destruction process. Free radicals and inflammation keep glutamate outside the cell where it is more toxic.
- Take **Pure Synergy** regularly: It has over 60 different organic and wildcrafted sprouts, seaweeds, grasses, herbs and vitamins to repair nerves, bone, muscles and ligaments, and organs.
- Take **Clinician's Preference**: organic, cold pressed omega 6 and omega 3 oils essential for nerve function and repair.
- Eat organic, drug free animal protein at least three times a week.
- Take **Cataplex B and Cataplex B2** (Standard Process Labs): the natural B-complex especially B1 (thiamin) are essential for nerve function. Look for formulas that use the Methylcobalamin form of Vitamin B12, and avoid formulas that use Cyanocobalamin. B1 helps keep the nervous system healthy and fuels your nerves. Nerves use a lot of energy but can't store it, so they need a constant supply. Vitamin B1 is crucial in turning carbs into the energy that nerves need to function properly and stay healthy.
- **Alpha-lipoic acid** (a-lipoic acid or ALA) is an essential ingredient in a nerve support formula as it is a powerful antioxidant shown in studies to help stimulate nerves and regenerate nerve fibers. A recent 2022 study demonstrated that ALA seeks and destroys free radicals, which are known as a primary cause of nerve tissue damage. Other important benefits of ALA are that it helps

regenerate cell-protecting antioxidants and improve nerve signaling pathways, nerve blood flow, and motor signals.

- **Palmitoylethanolamide (PEA):** is widely regarded as a nerve pain-reducing superhero. Our bodies naturally produce PEA in tissue as a protective response to pain, inflammation, and injury. You can also find PEA in foods like egg yolks. PEA works by increasing the production of endocannabinoids, which bind to cells and help reduce pain and inflammation while simultaneously stopping the release of chemicals that cause nerve inflammation.
- **Boswellia Serrata Gum Resin Extract:** also known as Indian frankincense, has been used for centuries in traditional medicine practices. Recent studies have shown that Boswellia Serrata Gum Resin Extract has several nerve health benefits, including protecting the brain, nerves, and nervous system while demonstrating anti-inflammatory properties to help soothe nerve-related discomfort.
- **Methylene Blue:** Methylene blue may serve as a powerful antioxidant, actively combating free radicals and protecting your cells from oxidative damage. This protective function is important in maintaining cellular health, as oxidative stress is a key contributor to premature aging and various degenerative conditions. Methylene blue interacts within the neuronal mitochondria, where it supports the electron transport chain. This interaction enhances mitochondrial respiration and promotes energy metabolism, which can protect neurons against degeneration. By enhancing mitochondrial respiration, methylene blue increases the capacity of cells to produce ATP, which can have wide-ranging benefits for cellular function and survival.

- **Ozone therapy:** is effective for both activation of the cerebral microcirculation and increasing energy production by neurons. It has proven anti-inflammatory and antispasmodic action, improve microcirculation, increased production of cellular energy, activate the mitochondrial antioxidant system and facilitate the elimination of cell catabolites.
- **Theraphi:** scalar waves repair the DNA, transform toxic frequencies from heavy metals viruses, chemicals , etc. into non-harmful frequencies, and lastly stimulate stem cells.
- **Lifewave patches:** X-39, X-49, glutathione, and carnosine: 12 hour duration and scientifically proven to be effective.

Can Parkinson's, Alzheimer's and Dementia be reversed?

Worldwide, 50 million people are living with Alzheimer's and more than 10 million people are afflicted with Parkinson's. Alzheimer's disease is a degenerative brain disease and the most common form of dementia. Dementia is not a specific disease.

Scientists believe the problem begins with the slow degeneration of the brain cells with two abnormal structures: plaques and tangles. It is thought that the plaques and tangles are the prime cause for damaging and killing nerve cells. The plaque is deposits of beta-amyloid, which is a protein fragment that builds up in the spaces between the nerve cells. The tangles on the other hand are twisted fibers of another protein called tau that builds up within the cells. Most experts believe both the plaque and tangles play a critical role in blocking communication among cells and disrupting the normal cell's processes.

Based on my fifty years of clinical experience the presence of the plaque and tangles are a reaction to an alteration within in the brain tissue. The potential factors that can elicit such changes can be derived from three sources: physical, chemical, and psychological. Structural distortions like a concussion, which will alter the blood and lymph flow and accumulate metabolic wastes, and initiate inflammation, scarring and degeneration.

Second, chemicals and heavy metal toxicity from root canal teeth (mercaptans, hydrogen sulfide, and thioethers), mercury fillings, arsenic laden pesticides used on chicken feed, chemtrail contaminants (aluminum, barium, and strontium), radiation from Fukushima, Japan (March 2011), glyphosates (Monsanto's Round-Up), viruses like cytomegalovirus, retroviruses, Epstein-Barr virus, Lyme infection, and a myriad of other environmental chemicals. Another important aspect is the fact that most peoples' membranes are inflamed as a result of eating adulterated fats in our food, especially the omega-6 fatty acids (corn, canola, safflower, sunflower, and soy). Once corrupted by the adulterated oils, the amount of oxygen entering the cell is dramatically reduced causing hypoxia. A perfect storm in the form of Alzheimer's disease is just a matter of time.

Parkinson's disease (PD) occurs when brain cells that make dopamine, a chemical that coordinates movement, stop working or die. Because PD can cause tremor, slowness, stiffness, and walking and balance problems, it is called a "movement disorder." But constipation, depression, memory problems and other non-movement symptoms also can be part of Parkinson's. PD is a

lifelong and progressive disease, which means that symptoms slowly worsen over time.

There are an estimated 1 million people in the U.S. living with Parkinson's disease and more than 10 million people worldwide. Most people who develop the symptoms of Parkinson's disease do so sometime after the age of 50, but Parkinson's disease can affect younger persons as well. Approximately 10% of Parkinson's diagnoses occur before age 50—these diagnoses are called Young Onset (or Early Onset) Parkinson's disease.

Causes of Parkinson's

Understanding the causes of Parkinson's disease involves exploring a complex interplay of genetic and environmental factors. Research suggests that a combination of genetic predispositions and environmental exposures (such as pesticides and solvents) may contribute to the disease's onset, although in most cases it is unlikely to know the specific cause(s) of someone's PD.

Although many brain areas are affected in Parkinson's disease, the most common symptoms result from the loss of neurons in an area near the base of the brain called the substantia nigra. The neurons in this area produce dopamine. Dopamine is the chemical messenger that transmits signals in the brain to produce smooth, purposeful movement. Studies have shown that most people with PD have lost 60 to 80% or more of the dopamine-producing cells in the substantia nigra by the time symptoms appear.

The third factor, is psychological. Dr. Ryke Geerd Hamer originator of the New German Medicine, has shown that emotional traumas can form calcium deposits in the brain and ultimately form cancer anywhere in the body. The common denominator of all three groups is that they will initiate inflammation. Chronic inflammation will result in fibrosis or scarring, which in turn will cause decrease circulation, a build-up of toxic wastes, and ultimately cellular dysfunction. In my professional opinion, the plaque and tangles are a direct reaction of the body to the chronic inflammation and its sequela. Depending on where the degeneration occurs in the brain, the location will dictate the symptomatology exhibited by the patient.

One recent case has provided validation of my theory.

Case Study: Alzheimer's

Patrick Toflus was referred to me for evaluation of moderate to severe Alzheimer's symptoms. When Patrick first came for evaluation, he had a glazed look on his face like a deer in headlights. He also was unable to follow instructions and physically had to be put into the examining chair. Employing Quantum Testing Techniques, I diagnosed glyphosate, Lyme, and mercury in the left side of his brain. A nutritional program was tested to select specific nutrients to remove the offending "splinters" present. A comprehensive program was also established to prepare his body for the detoxification process. After three months of treatments, Patrick was fully cognizant and was able to follow directions. Unfortunately, his speech was not fully understandable but he made a concerted effort to express

his thoughts. Of interest, the mercury that was diagnosed in his brain was located in the Broca speech center. Do you think there is a correlation?

Patrick's wife, Lauren, is a certified conventionally trained nurse and was amazed at the progress her husband made in just three months. The medications that Patrick was prescribed were primarily to control his symptoms but there was not significant improvement. None of the physicians had any idea of what was in his brain or even thought to evaluate for possible contaminants. In additions, Lauren had to leave Patrick with his parents while she arranged a move to Sarasota, Florida. His parents were also truly amazed at their son's progress is such a short time. I believe that with further treatment using specific nutrients for brain repair and scalar energy that Patrick will gain more skills and improved speech.

Based on my clinical experiences, my professional opinion is that most if not all neurodegenerative diseases can be reversed. The key factors are the removal of the initiators, which cause the inflammatory reaction and degeneration of brain neurons. If appropriate lifestyle changes are made to reduce exposure to environmental toxins and the appropriate antioxidants and anti-inflammatories and other modalities employed, I believe these diseases can be reversed.