

Dr. Smith Live

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Topic: 10 Uncommon Causes for Chronic Pain and Solutions

Globally, it is estimated that about one in five or 20% of the world's population, or about 1.5 billion people, suffer from chronic pain.

More than 51 million Americans experienced chronic pain in 2021 alone, according to CDC reports that analyzed data from the National Health Interview Survey. This staggering number represents 20.9% of the United States population.

Chronic pain is usually caused by an initial injury, such as a back sprain or pulled muscle. It's believed that chronic pain develops after nerves become damaged. The nerve damage makes pain more intense and long lasting.

The 4 most widely reported types of chronic pain?

- Low back pain is one of the most significant health problems. ...
- Cancer pain affects most people with advanced cancer.
- Arthritis pain affects more than 50 million Americans each year.
- Headaches affect millions of U.S. adults.

The question is do we treat the symptom or do we treat the cause?

The key to resolving chronic pain is to ask the right questions:

1. When did the pain start?
2. Was there a specific initiating factor like a whiplash injury, a fall, a specific trauma, surgical procedure, burn, puncture wound, infection, vaccination, dental procedure, chiropractic or osteopathic adjustment, etc.?
3. What type of pain are you experiencing? Burning pain, dull ache, sharp stabbing pain, cyclic pain, etc.

4. What things make the pain worse?
5. What things make the pain feel better?
6. Was there a tic bite?
7. Was there an emotional trauma involved?
8. Are there any triggers to the pain?
9. Are you under a lot of stress in your life?
 - a. Going through a divorce?
 - b. Loss of a job?
 - c. Loss of a spouse, child, parent, best friend, co-worker, etc?
 - d. Failure in school, a relationship, or in a job?

10 Uncommon Causes for Chronic Pain

1. **Hypothyroidism:** A low functioning thyroid causes a build up of metabolic wastes. This is a basis for fibromyalgia. Often undiagnosed.
Solution: Have to define what is in the thyroid causing the dysfunction.
Examples: heavy metals, viruses, toxic dental materials, toxins from root canal teeth, childhood vaccines, vaccine adjuvants, glyphosate or other chemicals, food dyes or preservatives, or prescription drugs. Could be nutritional deficiencies, toxins from dental work or infected teeth. COVID vaccines including the adjuvant graphene oxide, fetal tissue, formaldehyde, squalene and others.
2. **Acid pH:** Most if not all chronic pain patients have an acid pH, i.e., a pH below 6.5. An acid pH lowers the oxygen level causing hypoxia.
Solution: Ph Balancer, organic minerals, magnesium, potassium. Dark green vegetables (parsley, Bok Choy, celery, collards, Kale), Pure Synergy. Stress reduction. Acupuncture meridians balanced.
3. **Lyme Disease:** Lyme is also transmitted by mosquitos; Lyme plus co-infections: Babesia, Bartonella, Ehrlichia, Anaplasma (caused by a bacteria from a tic bite; can sit dormant for months; does not commonly cause a rash), Rocky Mountain spotted fever (Rickettsia), Borrelia Miyamotoi, Borrelia Mayonii, and Colorado Tick Fever.

Solution: Homeopathic remedies, Rife frequencies, ozone, immune boosters like Vanish-Plus. You must prepare the live for the dumping and get rid of the heavy metals.

- 4. Cranial Distortions:** These can arise from routine dental procedures, braces, Invisalign, tooth extraction, fixed dental bridges, partial and full dentures, a routine dental filling, veneers, a single crown, occlusal adjustment, new eye glasses, rough chiropractic or osteopathic adjustment, and pronated feet to name a few.

Solution: Cranial adjustments, dental orthopedics, shims placed on the biting surfaces of the teeth; correction of pronated feet; correction of spinal subluxations (misalignment of spinal vertebrae).

- 5. Viral infections in the nerve:** herpes zoster, herpes simplex 1 & 2, CMV, Epstein Barr, and retroviruses from vaccines.

Solution: Rife frequencies, homeopathics, herbs, vitamins, colloidal silver, methylene blue, i.v. or insufflation of ozone via the ears, rectally or vaginally.

- 6. Glyphosate:** trapped in bone marrow, organs, or nerves.

Solution: Glycine, Fulvic and Humic acids, and Iso Pathic Phenolic Rings.

- 7. Body piercings:** inadvertent piercing in acupuncture points or meridians.

Solution: Pulsed laser on the pierced points.

- 8. Tattoos:** The colors used are acrylics; the skin is highly innervated with sympathetic nerves.

Solution: Pulsed healing laser over the tattoos.

- 9. Surgical stainless steel implants and wires, dental and medical implants:** some metals have nickel, which is also carcinogenic; titanium causes an oxide to form on the metal bone surface.

Solution: Removal of the metal or homeopathic nosode of the metal.

- 10. Electromagnetic Frequencies:** Special diode to neutralize the EMFs.