

Acute and Chronic Pain

Continued
Drs. Gerald Smith and Stanley Ngui

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Detoxification Advanced Course

The Key to Anti-Aging, quality of life, and Longevity.

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Approved by the World Organization For Natural Medicine

Available online after April 22, 2021

18 Nutrients that can Reduce Pain

18 Nutrients to Resolving Pain

1. Pain Guard Forte (Quercetin by Perque):

- Anti-inflammatory; 4 tablets 4x/day between meals.
ICNR, Inc. (800) 272-2323

2. Cataplex G/Organic Minerals (Standard Process Labs):

- Stimulates the parasympathetic nervous system.
- Most chronic pain patients are sympathetic dominant.
ICNR, Inc. (800) 272-2323

18 Nutrients to Resolving Pain

3. **Magnesium Orotate (Professional Formulas):**
stimulates the parasympathetic nervous system; 800 to 1200 mg/day; 1 tablet 2x/day between meals.
ICNR, Inc. (800) 272-2323
4. **C3 Curcumin (Designs For Health, Inc.):** helps liver detox the cytokines, leukotriene B4, bradykinin, and prostaglandin E2 and other substances involved in causing pain.
ICNR, Inc. (800) 272-2323

18 Nutrients to Resolving Pain

5. **Zymessence (Dr. William Wong)**: provides the best systemic enzyme on the planet. Anti-inflammatory, antibacterial, antiviral, dissolves foreign protein, and it dissolves away fibrosis or scars.

www.drwongssentials.com

6. **Omega 369 Plus: (ICNR, Inc.)**: resets all the cell membrane receptors back to normal. Three to six drops/day orally away from food.

www.ghsdoc.com

18 Nutrients to Resolving Pain

7. B Complex Vitamins Standard Process Labs):

- Improves nerve function
- Helps to metabolizes lactic acid and other wastes

ICNR, Inc. (800) 272-2323

8. Eco-Thyroid 37/125 (Nutritional Specialties): Most chronic pain patients have a low thyroid, which builds up waste products in all the cells.

ICNR, Inc. (800) 272-2323.

18 Nutrients to Resolving Pain

9. Calcium D-glucarate (Designs For Health, Inc.):

Most chronic female pain patients are estrogen dominate. Calcium D-glucarate inhibits an enzyme in the intestines, beta-glucaronidase, which enables tagged hormones to be reabsorbed in the intestines. By inhibiting its action it insures the excess estrogen is excreted.

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18 Nutrients to Resolving Pain

10. **Liver ND (Premier Research Labs):** Supports rapid pain relief, often clearing pain within minutes. It also supports the body's natural histamine process and cellular DNA repair. Most importantly, **Liver ND** facilitates optimal liver and gallbladder cleansing. **ICNR, Inc. (800) 272-2323.**

18 Nutrients to Resolving Pain

11. Capsaicin:

- Works by depleting substance P, a compound that conveys the pain sensation from the peripheral to the central nervous system.
- Reduces pain
- Takes several days to experience relief
- Anti-cancerous
- Increases blood supply

Starwest Botanicals www.starwest-botanicals.com

18 Nutrients to Resolving Pain

12. Cordyceps CS4 (Dr. Stanley Ngui's product)

- Kills viruses
- Reduces pain
- Anti-inflammatory
- Anti-aging: rat study showed 2X increase in life-span
- Increases mental clarity
- Adaptogenic
- Increases oxygenation

ICNR, Inc. www.ghsdoc.com

18 Nutrients to Resolving Pain

13. Omega 6:3 (Clinicians Preference - 11:1 ratio)

- Kills viruses
- Reduces pain
- Anti-inflammatory
- Anti-aging
- Produces DEA and EPA for better brain function

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18 Nutrients to Resolving Pain

14. Devil's Claw

- Reduces back pain
- Anti-inflammatory
- Suppresses one's appetite

www.starwest-botanicals.com

18 Nutrients to Resolving Pain

15. Feverfew

- Reduces headaches and migraines
- Nausea
- Earache
- Muscle tension

www.starwest-botanicals.com

18 Nutrients to Resolving Pain

16. Ginseng

- Anti-inflammatory
- Antioxidant
- Improve memory
- Boost the immune system
- Increase energy

www.starwest-botanicals.com

18 Nutrients to Resolving Pain

17. **Boswellia** (Indian Frankincense)

- Cluster headaches
- Anti-inflammatory
- Improves joint pain
- Neurological trauma
- Crohn's disease.

www.starwest-botanicals.com

18 Nutrients to Resolving Pain

18. Vitamin D₃

- Boost the immune system; cancer
- Anti-inflammatory
- Improves joint pain
- Improves hypertension
- Depression

www.ghsdoc.com

FACTORS INITIATING PAIN

1. Hypothyroidism; decreased cell metabolism - build up of wastes
2. Acid pH: below 6.5 orally - stimulates sympathetic nervous system
3. Low cell frequency: below 58 MHz
4. Low cell membrane potential: below - 70 m volts
5. Dehydration: corrupt cell membranes
6. Hypoxia: low cell oxygen
7. Pathogens especially viruses: herpes zoster, Herpes simplex
8. Nutritional deficiencies: omega 6, omega 3 fatty acids, Vit. D₃, etc.
9. Intestinal toxemia
10. Low level of Qi
11. Heavy metals
12. Chemical toxins including vaccines/adjuvants: glyphosate and others

NEW HEALING DELIVERY SYSTEM



The Tesla Energy Card™ represents a new and innovative delivery system to balance the body's energy. The card has been programed with specific energy patterns to rebalance the body back to factory default. It can also be worn 24/7 to effect a faster response. The card can be used repeatedly to imprint water bottles, food, and worn 24/7 for a period of six months from the date of first use.

NEW HEALING DELIVERY SYSTEM



Omega 369 Plus has quadruple the effectiveness of conventional hemp derived oils; this was accomplished by vibrationally infusing the oils with frequencies of four different high quality energy patterns derived from four original organic hemp sources. All four original base samples were organically farmed, non-GMO, with no psychoactive THC, and rich in frequencies derived from cannabinoids and terpenes for enhanced effect. Our original organic base hemp source had the highest energy levels of cannabinoids and terpenes content of any hemp farm in the US.

NEW HEALING DELIVERY SYSTEM



Our proprietary formula has additional healing frequencies to further enhance the immune system and reset the body back to factory default. Our carrier is made up of certified organic, cold pressed sunflower oil, pumpkin seed oil, extra virgin coconut oil, and caprylic acid derived from coconut to further enhance absorption and improve brain function. The vibrationally infused frequencies have the added advantage of penetrating cell membranes faster than any other product on the market.