

Hypothyroidism

The Unsuspecting Illness

Presented by

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SURVIVAL GUIDE

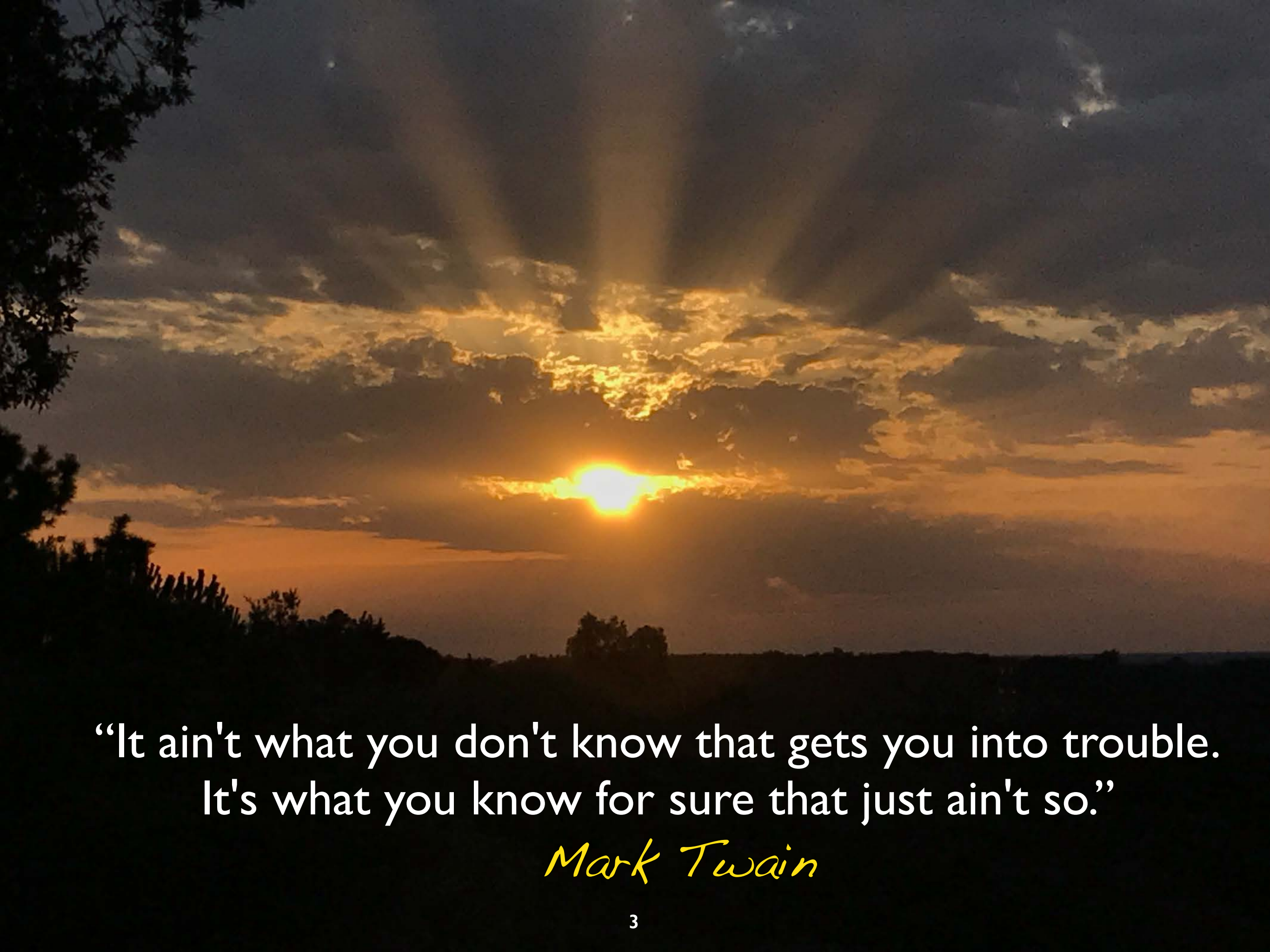
ZOOM MEETING

JULY 23, 2020

A dark, atmospheric photograph of a stone path or bridge leading into a misty, foggy landscape. The path is made of large, rectangular stone blocks and recedes into the distance, disappearing into the haze. The overall tone is somber and contemplative, with a cool color palette of blues and greys.

**IT IS BETTER TO WALK
ALONE, THAN WITH A
CROWD GOING IN THE
WRONG DIRECTION**

HERMAN SIU



“It ain't what you don't know that gets you into trouble.
It's what you know for sure that just ain't so.”

Mark Twain

Hypothyroidism

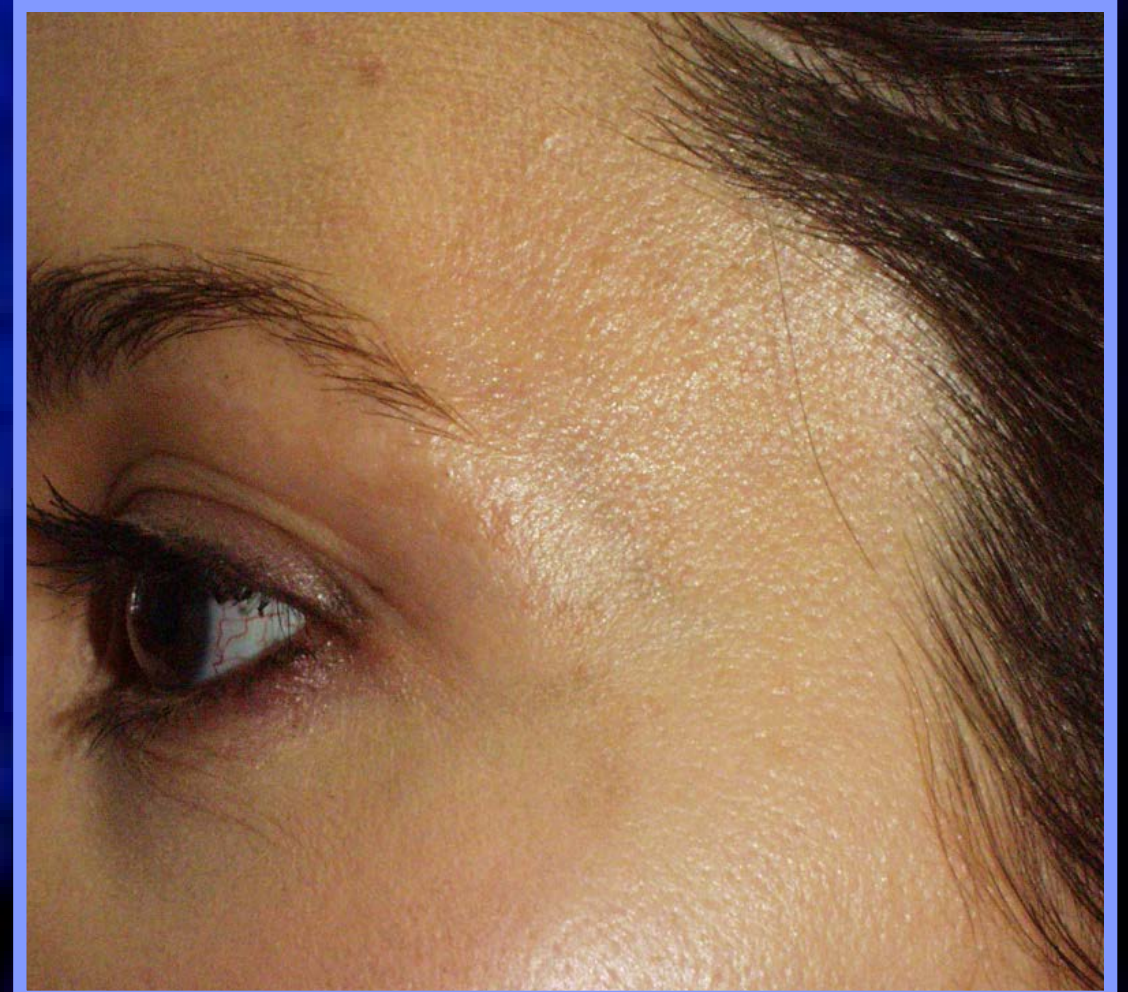
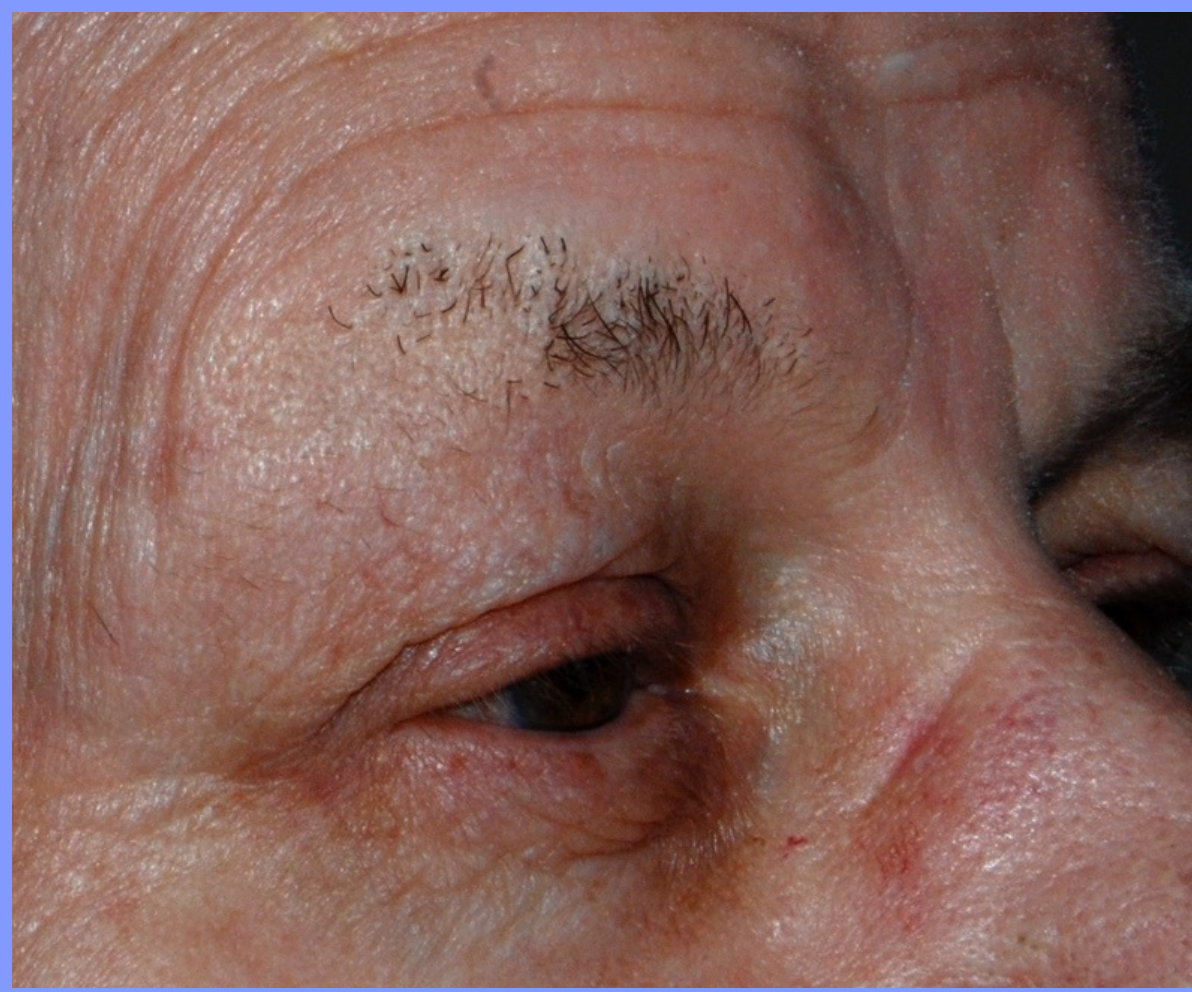
Estimated 27 million Americans
suffer from this malady

Hypothyroidism is more common than you would believe...and,
millions of people are currently hypothyroid and don't know it!

Causes for a weakened thyroid

- Chlorinated drinking water.
- Fluoride in the drinking water and toothpaste.
- Bromine in the bleached flour products.
- Mercury from leaking dental fillings.
- Toxic chemicals from root canal teeth and other sources.
- Dental infections from the teeth.
- Iodine, B2, B12, magnesium, protein, vitamin C, selenium, testosterone, vitamin D and A, and zinc deficiencies.
- Adulterated fats.
- Soy products (tofu, tempe, edamame, miso, soy sauce, soy nuts, satan).
- Trapped vaccines, and pharmaceutical drugs.

Clinical Signs of Hypothyroidism



Queen Ann sign: **Lateral third of eyebrow missing**

Butterfly Rash



Another sign of hypothyroidism is a butterfly “rash” present over the bridge of the nose.

Clinical Signs of Hypothyroidism



Goiter

Hypothyroidism

Clinical Signs



Scalloped Tongue

Hypothyroidism

Clinical Signs



Thyroid hormone drives production of glycoaminoglycans, responsible for keeping water inside cells. In hypothyroidism, water tends to leak into extracellular spaces causing significant edema, easily recognized around the legs and ankles.

Hypothyroidism

Clinical Signs



Brittle nails and extensive fungal infection of the fingers and toenails (onychomycosis) is often associated with hypothyroidism.

Hypothyroidism

Clinical Signs



Thyroid deficiency will manifest as a yellowish buildup of carotene in the skin of the palms and soles. Conversion of beta carotene to vitamin A is dependent on thyroid hormone.

Do You Think Kim-Jong-Un Has a thyroid Problem?

Queen Ann
sign



Puffy face

NUMEROUS SYMPTOMS OF HYPOTHYROIDISM

Hypothyroidism

1. Regulates metabolic rate: cold hands and feet, cold sensitivity.
2. Supports immune system: frequent illnesses.
3. Regulates heart: palpitations and cause of enlarged heart.
4. Lowered core temperature: decreases enzymatic activity.
5. Depression, anxiety, apathy, psychotic behavior (hear voices).
6. Mental fog, poor memory.
7. Constipation.

Hypothyroidism

- 8. High cholesterol.
- 9. Dry, rough and pale skin.
- 10. Infertility and difficulty staying pregnant.
- 11. Severe fatigue.
- 12. Muscle spasm and trigger points.
- 13. Muscle weakness.
- 14. Poor digestion.
- 15. Menstrual problems (heavy bleeding and painful).
- 16. Thinning and falling out of hair.
- 17. Weight gain.
- 18. Dry, thicken and brittle nails.

Hypothyroidism

- 19. Headaches: worse upon awaking and get better as day progresses.
- 20. Increase of mucopolysaccharides in the intersitial tissues.
- 21. Frequent hoarseness.
- 22. Goiter.
- 23. Irritability.
- 24. Decreased libido.
- 25. Insomnia.
- 26. Increase in caries.
- 27. Osteoporosis.

WHY HYPOTHYROIDISM IS CAUSING AN INCREASE IN COVID-19 CASES

BASIC SCIENCE AND PHYSIOLOGY

**WHAT YOU DON'T KNOW
MAY KILL YOU!**

Hypothyroidism

1. The thyroid hormones control the metabolism of every cell of the body.
2. When the metabolic wastes build up, the cell becomes toxic.
3. When cells become toxic, cell immunity weakens.
4. A weakened immune system plus a poor diet, and distress makes you susceptible to COVID-19 or any other pathogen.

My clinical experience of over 50 years has validated this observation.

Hypothyroidism

Aging involves a decreasing metabolic rate, an increased tendency toward inflammation, and a decreased ability to synthesize proteins. Inflammation contributes to the decreasing ability to use oxygen, and the slowed renewal of proteins combined with lower ability to produce energy impair the organism's ability to control peroxidative damage and inflammation.

Testing for Hypothyroidism

The problem with diagnosing this malady is that blood tests are inaccurate. According to Mark Starr, MD as stated in his book, Hypothyroidism Type 2, there is no scientific evidence supporting the validity of the TSH test. Also the blood levels of T4 and T3 do not reveal if they are functioning within the cell.

Testing for Hypothyroidism

The best diagnosis is made from evaluating the patient's symptoms, clinical signs, arm pit temperature and pulse (85 bpm).

(98.2 F to 97.8 F)

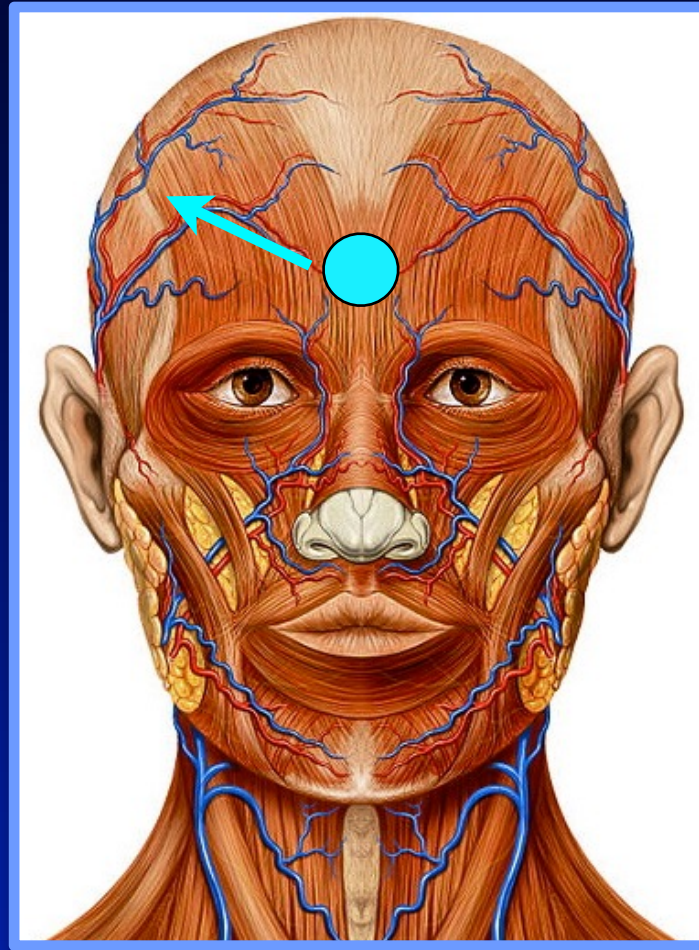
(36.7 C to 36.5 C)

Infrared Thermometer



The Exergen thermometer takes 1000 readings a second. The scanning area is impregnated with silver ions to prevent bacterial contamination.

Temporal Artery



Scan the device starting in the center of the forehead sliding it slowly to the corner of the hairline. The average temperature is taken from the Temporal artery. To get the armpit temperature deduct 1 degree.

TREATING HYPOTHYROIDISM

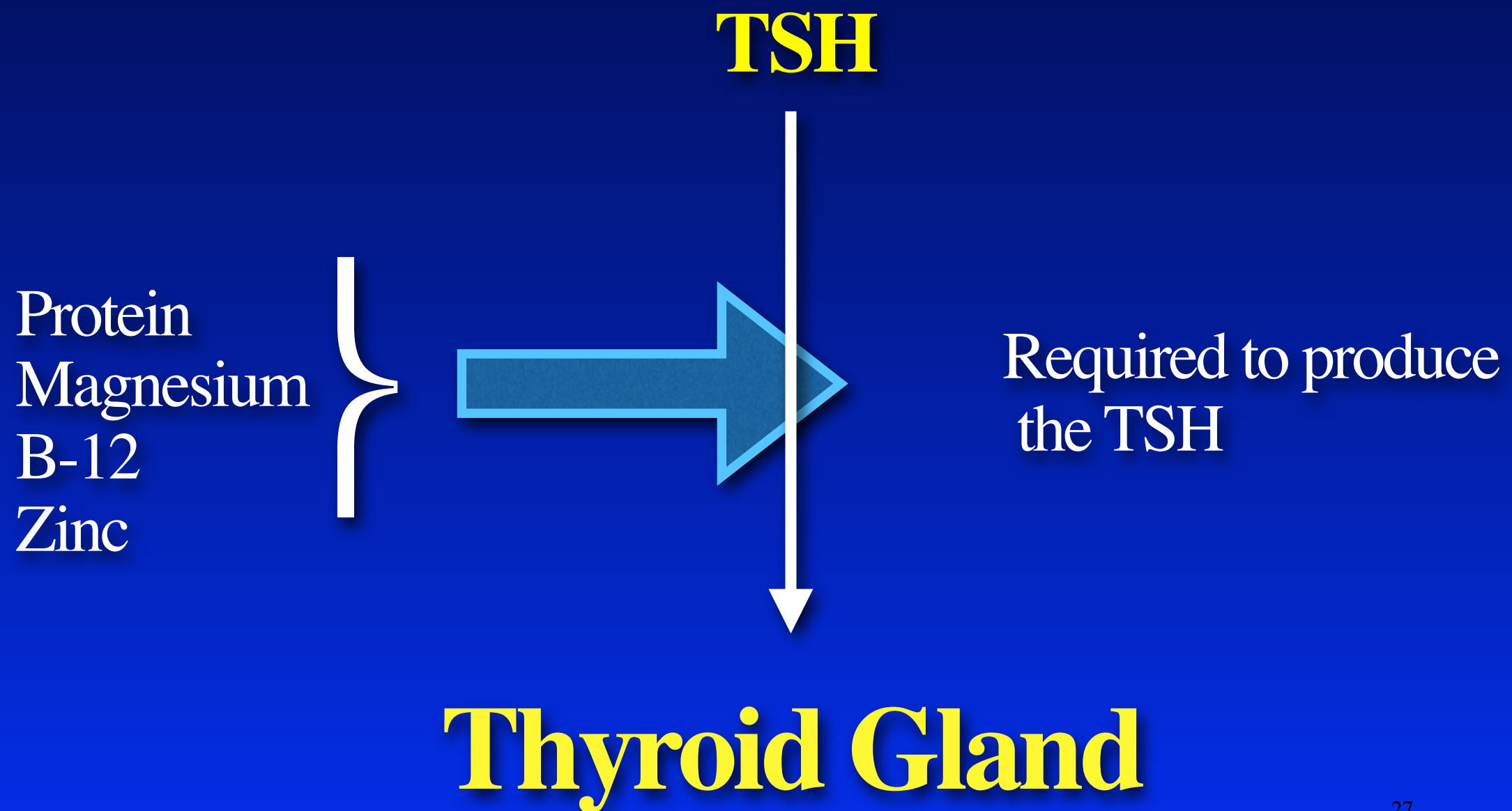
MUST DEFINE THE “SPLINTERS” IN THE
THYROID THAT PREVENT IT FROM FUNCTIONING

MUST REMOVE THE “SPLINTERS” WITH
NATURAL SUPPLEMENTS

MAY HAVE TO SUPPORT THYROID
FUNCTION WITH HOMEOPATHIC
SARCOIDES, DESICCATED THYROID, AND/
OR NATURAL THYROID HORMONE

NUTRITIONAL COMPONENTS OF THYROID FUNCTIONS

Nutritional Components of Thyroid Function



Nutritional Components of Thyroid Function

Thyroid Gland

Iodine
B-2
Vit. C



T4
(inactive)

RT3
(inactive)

Selenium
(Testosterone)

T3

Nutritional Components of Thyroid Function

Thyroid Gland

Iodine
B-2
Vit. C



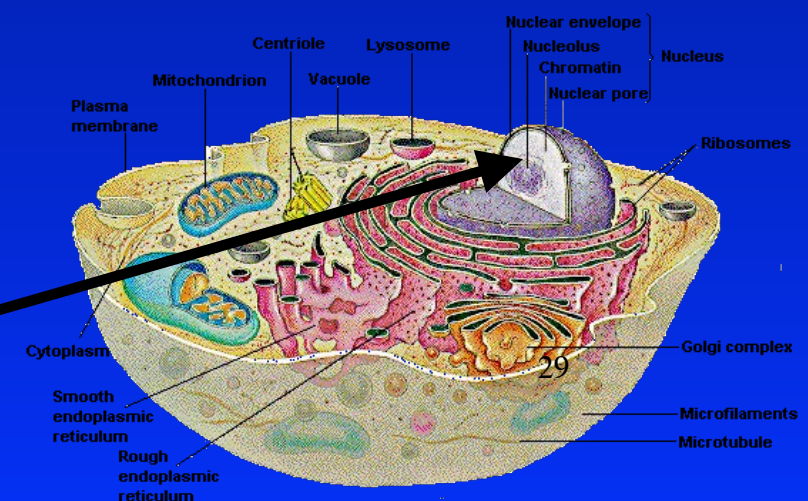
Vitamin D and A required
for T3 to activate nuclear
receptor on nucleolus
producing energy.

T4
(inactive)

RT3
(inactive)

Selenium

T3

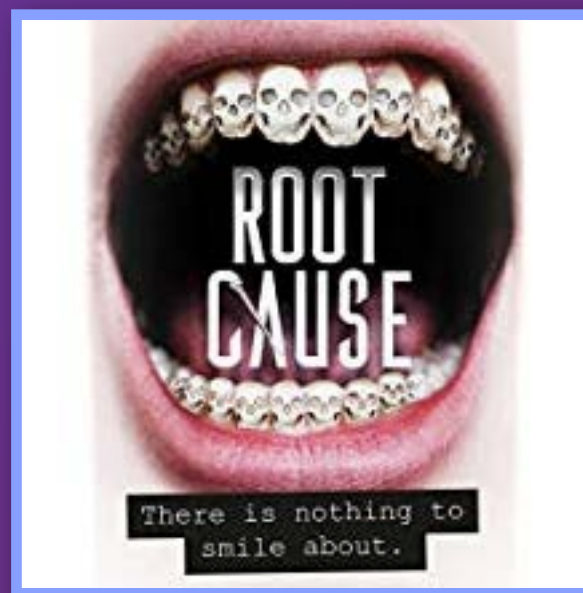


DOCUMENTARY

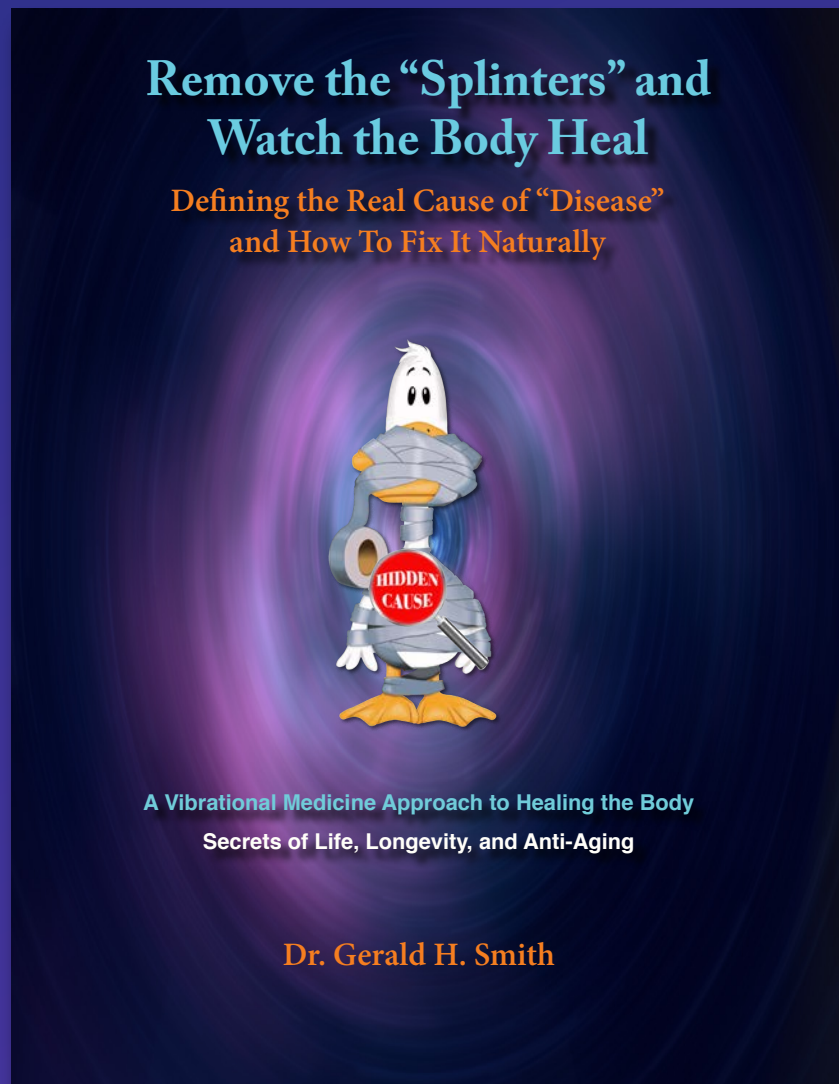
Root Cause

Banned from Netflix
Can purchase it on Amazon

Can listen to Dr. Smith's excerpts from the documentary
www.icnr.com/articles/root-cause-documentary.html



Remove the “Splinters” and Watch the Body Heal



This book follows the KISS Principle:
Keep It Simplistically Simple

The closer one gets to the truth the more
simplistic the solution.

It is a game changer because it shows you
what the potential underlying causes to
look for and gives you the answers how to
fix them.

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